

Sun Protection

Policy statement

We acknowledge the importance of sun protection and want staff and children to enjoy the sun safely. Children have the right to spend a significant amount of time playing outside. The outdoor play area has mature trees that provide shaded areas throughout the day.

As part of the children's learning process, activities and discussions will take place with the children to raise awareness of keeping safe in the sun.

It is the policy of the nursery that all children must have a sun hat and be sun creamed to protect them from the sun's harmful rays whilst playing outside.

Our nursery sun cream policy was developed with reference to Cancer Research guidelines.

Procedure

- Parents will sign on admission to nursery to give permission to say they agree for practitioners to apply Ultrasun to their child.
- Parents will be encouraged to apply sun cream before attending nursery.
- Nursery will provide Ultrasun factor 30, a 24 hour sun protection cream that lasts the length of the nursery day and suits most skin types including those with eczema. Ultrasun is a once a day sun cream which will enable the children to participate freely in outdoor activities throughout the day.
- Practitioners will make the decision whether to apply Ultrasun to all children from the beginning of April when the weather forecast indicates medium or high UV levels through to the end of September.
- During the height of summer the children will be encouraged to wear their own sun hats and tee shirts to provide protection from the sun. Nursery sunhats are also available.
- Careful consideration will be given to the activities provided outside in extreme heat with regard to availability of shade. Children will always be encouraged and to spend sometime playing in shaded areas.
- Parents need to inform Nursery in writing if they do not wish practitioners to apply Ultrasun to their child, stating their reason(s) and their alternative method of protection e.g. sun cream has been applied prior to Nursery session.
- A drink station will be provide outside and children encouraged to drink plenty of water
- Practitioner will monitor children, encourage to rest, and cool down if they appear to be hot, sweaty or distressed.

Manager's signature

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