



Nappy changing and toilet training

Policy statement

Potty/Toilet training is a very important milestone for each and every child and is a new skill for them to learn. We see toilet training as a self-care skill that children will need the support and care from parents and the setting to learn. We understand that every child is different and will be physically ready to toilet train at different ages and stages of development. It is also important to choose a time when there are no great disruptions or changes to a child's or a family's routine as consistency is key. Communication between parents and nursery staff is important as this ensures children receives the same messages and that they are fully supported and encouraged during this stage of their development.

In our nursery we have dedicated nappy changing areas.

For children under 2 years of age, the toileting area has easily cleaned changing stations with waterproof mats, potties and a child height wash basin.

The 2 to 3 years old facility has nappy changing stations, including one with retractable steps that a child can climb onto with adult support, potties, child height toilets and wash basins, both also having adult wash basins.

In the preschool toilets we have a changing station with retractable steps that a child can climb onto with adult support, for those children who are not yet toilet trained.

All our children's wash basins have regulated water temperature control.

We work with parents towards toilet training, discuss when the most appropriate time to start toilet training and provide information from the NHS website. A sensitive approach is essential, we advise parents to use the potty training audit tool to identify if a child is ready. We recognise children who may have additional needs may need additional support and advice. We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

We use disposable nappies which are collected and disposed of by a registered waste contractor.

Procedure

- Practitioners aim to ensure that nappy changing is relaxed and a time to promote independence in young children. They are gentle, sensitive and communicative when changing children.
- Nappies are checked and changed regularly, promptly after soiling, by the keyperson as far as possible, It is recorded on First Steps
- Practitioners wear disposable gloves, which are changed for each child, and a disposable apron.
- Gloves and aprons are put on before changing starts. A fresh disposable sheet of bedding roll is put down on the changing mat for each child. Relevant sizes of fresh nappies and baby wipes are easily accessible in each changing area.
- When changing the child we promote good hygiene practices, cleaning a child's genitals and bottom, wiping from front to back and getting them to wash their hands with soap and water.
- Parents are asked to provide a barrier cream that they would like applying if their child has a sore bottom or genital area. The cream should be in a manufacturer's container and have the child's name clearly labelled and parents should sign a permission letter.
- Children are encouraged to take an interest in using the potty or toilet when they are developmentally ready; they may just want to sit on it and talk to a friend who is also using the potty or toilet.
- We encourage all children to wash their hands and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
- Older children access the potty or toilet when they have the need to and are encouraged to be independent.
- Guidance on infection control in schools and other childcare settings' children's soiled clothing will be bagged to go home as they should never rinsed by hand.
http://www.publichealth.hscni.net/sites/default/files/Guidance_on_infection_control_in%20schools_poster.pdf

Manager's signature

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When changing a nappy

- Ensure the changing mat is clean and blue roll is in place
- Have nappy, wipes, gloves and cream ready for use before placing the child on the changing station
- Put on apron and gloves
- Remove child's nappy and ask if they need the potty if appropriate
- Clean bottom using wipes, front to back of bottom. Check if the child has special requirements eg water
- Put on clean nappy
- Put clothes back on
- Help the child to wash and dry hands
- Dispose of nappy, wipes, gloves and apron into yellow nappy bin
- Spray and wipe the changing mat
- Put all creams away leaving the area ready for the next nappy change
- Wash hands

You are responsible for :

Putting soiled clothes into the child's bag immediately

Emptying and cleaning the potty

Replacing blue roll, wipes, gloves

Emptying the nappy bin am and pm

Informing Gemma when nappy wipes supplies are getting low.

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