



## **Managing food allergies and intolerance**

### **Policy statement**

We aim to prevent children with allergies having contact with the allergenic substance. Following EU Food Information for Consumers Regulation 1169/2011 (EU FIC), we detail and can prove what ingredients are in all snacks and meals that we provide for the children.

### **Procedures**

- Parents inform us, on the Admission Form, if their child has any allergies. They then complete a health care plan informing us of the triggers, medication and the measures to be taken in an emergency. Parents should update their child's form if and when necessary. The following control measures are put into place to ensure the child's well being:
- A copy of the care plan is given to the group room and key person.
- The child's name is added to the dietary needs chart on First steps, in the kitchen and in the rooms.
- Risk assessments are completed and controls identified to ensure the children are not deprived of the opportunity to take part in learning activities e.g. cooking/baking activities or birthday celebrations. Parents who provide birthday cakes or treats will be asked to hand them directly to a member of staff with a complete list of ingredients. The staff member will record the ingredients on the Allergen chart and identify the children who may be at risk
- Children with food allergies should have their prescribed antihistamine or Epi-pen in the nursery at all times.
- Individual epi-pens and inhalers are kept in sealed, labelled bags in a secure labelled area in the child's group room. Prescribed medication is stored in the original container in a labelled container in the kitchen.
- Staff holding current first aid qualifications have training on how to administer Epi-pens.
- For children with emergency medication staff will be trained on how to administer special medication in the event of an allergic reaction, provided by a health professional. A red alert as identified on the Health Care plan will be put in place.

Manager's signature

July 2019